

ASIGNATURA	INGLÉS	NIVEL	6°
UNIDAD	Guía N° 3	DA N°	5-6-13
OBJETIVO DE LA GUIA.	<ol style="list-style-type: none"> 1. Identificar información específica en textos informativos adaptados. 2. Describir de manera escrita tipos de alimentos saludables y preferencias. 	INDICADORES DE EVALUACION.	<p>*Completan organizadores gráficos asociados a información explícita relacionada con la comida, la bebida, frutas y vegetales.</p> <p>*Identifican información explícita, como nombres, fechas, números, en diferentes tipos de texto en formatos variados (computador, o en forma escrita)</p>

INSTRUCCIONES PARA EL DESARROLLO DE LA GUIA.	<p>A) Leer el nombre de alimentos, bebestibles, y vegetales y clasificarlos en saludables y no saludables.</p> <p>B) Leer el texto</p> <p>C) Leer nuevamente el texto y encerrar en un círculo la respuesta correcta</p>
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GUIA N° 3	FECHA: 30 de Marzo-3 de Abril	NOMBRE DE LA GUIA	Healthy life
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A) READ THE FOLLOWING FOOD, DRINKS AND VEGETABLES AND CLASSIFY THEM IN HEALTHY AND UNHEALTHY.

RICE- WATER- CARROTS- SPAGHETTI- HOT DOGS- APPLE- APPLE JUICE- BREAD- MILK- BANANA-EGG- SOFT DRINK- CHICKEN- ORANGE JUICE- MEAT- GRAPES- BROCCOLI- CHEESE- ORANGE- BEEF-SALMON- CANDY- HAMBURGER- FRENCH FRIES.

FOOD	HEALTHY (saludables)		UNHEALTHY (no saludables)
	FRUITS AND VEGETABLES	DRINKS	
1 _____	_____	_____	1 _____
2 _____	_____	_____	2 _____
3 _____	_____	_____	3 _____
4 _____	_____	_____	4 _____
5 _____	_____	_____	5 _____
6 _____	_____	_____	

7 _____

8 _____

9 _____

10 _____

B) READ THE FOLLOWING TEXT

Advice from a School Nurse

(SN= School nurse A= Adult)

SN: Hello, I'm the school nurse. I believe you wanted to see me.

A: Yes, I'm a bit worried about my son's weight. I think he's perhaps a bit too fat.

SN: OK. Let's think about that: what is he like with his eating habits?

A: Oh, he likes his food.

SN: He does. Does he eat lots of fruit and vegetables?

A: Well, you know, he likes bananas.

SN: Do you know how many fruits and vegetables a child should have every day?

A: No, not really.

SN: We like to suggest five portions.

A: OK. I see, is there anything else apart from.....

SN: Is he very active?

A: Eh, well I don't know really – he runs around at playtime I suppose.

SN: How does he get to school in the morning?

A: Oh, we go in the car.

SN: Is there any possibility you could walk or he could ride his bicycle?

A: I think riding a bike's a bit dangerous, don't you? And we're always a bit short of time in the morning.

SN: OK. That can be difficult, how about after school; does he do any activities after school?

A: No, he usually watches TV.

SN: Is there any way you could take him to the park once or twice a week or maybe to the swimming pool?

A: Yeah, we could go down the park I suppose. We could do that, we could try anyway.

SN: OK, so if you just try to increase the amount of fruit and vegetables that he eats, eh, maybe a few less snacks. Does he eat a lot of snacks?..

C) READ THE TEXT AGAIN AND CIRCLE THE CORRECT ANSWER

<p>11. What´s the text about?</p> <p>a) About the school b) About the students c) About healthy habits d) About home</p>	<p>12. Why is the adult worried about his son?</p> <p>a) Because he thinks his son is too thin. b) Because he thinks his son is is a bit too fat. c) Because he thinks his son is too short. d) Because he thinks his son is too tall</p>
<p>13. Does the Adult know how many fruits and vegetables a child should have every day?</p> <p>a) I don´t know b) Yes,he does. c) Perhaps d) Yes, he does.</p>	<p>14.How many portions of fruits does the school nurse suggest to eat?</p> <p>a) Three portions b) Five portions c) Seven portions d) Nine portions</p>
<p>15. Is the son a bit too fat?</p> <p>a) Yes, he is b) I don´t know c) No, he doesn´t d) Perhaps</p>	<p>16. How does the son go to school in the morning?</p> <p>a) He goes on the bike b) He goes in a car c) He walks d) He runs.</p>
<p>17. Does the son do any activities after school?</p> <p>a) Perhaps b) No, he doesn´t c) I don´t know d) Yes, he does</p>	<p>18. Could the adult take the son to the Park?</p> <p>a) I don´t know b) Yes, he coluda c) Perhaps d) No, he doesn´t</p>
<p>19. What´s the name of the text?</p> <p>a) Healthy food b) Advice from a school nurse c) A school nurse d) My son´s life</p>	<p>20. Is it important for your health to eat healthy food?</p> <p>a) I don´t know b) Perhaps c) Yes, it is d) No, it isn´t</p>